Course Description
Has your gut got up and gone up and went? Does that running dialogue in your head never shut up? Do you wake up tired but have a hard time falling asleep? Are you drinking more coffee than ever but not enjoying its elusive promise of energy? The human body and brain was designed to follow a regular wake/rest cycle. Once this cycle is disrupted, productivity and enjoyment drops in our personal and professional lives. In this inspiring afternoon session, this busy dad of four young children will share his insights on how to reclaim your youthful spirit and slain the stress dragon.

Course Outcomes
• Gain insights into how to quiet the monkey mind
• Build energy into your clinic day & end the day as strong.
• Learn the Food / Mood connection
• Understand how exercise balances your neurotransmitters/hormones
• Discover surprising ways stress shows up in your patients’ mouths
• Learn Dr. Odiatu’s three minute AM wake-up secrets
• Receive the ultimate 7 minute workout for busy professionals

Probing the Rabbit Hole of Periodontal Disease
Kathy S. Forbes, RDH, BS

Course Description
Hygienists know that selection of appropriate CDT procedure codes which best describe the periodontal treatment they provide is vital to the business team being able to not only bill the patient correctly but submit claims to third-party payors which will glide through the system and be paid. Receiving the benefits patients deserve can be frustrating to the clinical staff who must determine and report appropriate treatment as well as to the business team who must deal with third-party payor contract limitations and denials. It is up to the hygienist to understand the requirements for claims submissions and provide appropriate documentation to support the treatment they recommend to patients. Treatment planning and reporting begins with accurate diagnosis and knowing the procedures and their descriptions as outlined in the ADA’s CDT Procedure Code manual.

Course Outcomes
• Discuss dental hygiene diagnosis and treatment planning along with the related procedure code selection including documentation requirements necessary when reporting treatment.
• Explain what dental “insurance” is and what it is not.
• Discuss implications of “creative billing” of dental procedures. Through a sense of confusion and wanting to please patients, many dental offices unwittingly perform insurance fraud daily.
• Describe how ICD-10 Diagnostic Codes may affect dental insurance claim submissions and their impact on billing medical insurance for dental procedures.
• Discuss any new/amended procedure codes related to dental hygiene procedures as outlined in the current CDT manual.

Do You Have the GUTS to Live Life Well?
Uche Odiatu, DMD

Course Description
Your gut flora. Your resident microbiome. Your 100 trillion little friends that call you home. Microscopic, yet big enough to make your skin crawl. Recently, scientists are paying them more attention as they pull a lot of weight. When they’re happy, you feel great. When they’re annoyed, you may not want to leave your home. In this session you’ll gain insights into your patients’ resident microbiome and learn five ways to support making the body a place good bacteria can thrive. Our patients will enjoy optimal oral health and overall vitality maintaining a diverse gut flora.

Course Outcomes
• Understand how diverse gut flora supports healthy immunity, emotions & well-being in our patients
• Implement three simple daily habits to enjoy great guts, boundless energy & decreased inflammation
• Gain insights as to how poorly managed stress adversely affects your gut flora
• Learn which medications influence your microbiome
• Learn motivational interview techniques so you can inspire positive lifestyle change in your patients
Please Detach and Mail Registration Form to:
South Bay Periodontics
128 Lilly Road NE, Suite 105
Olympia, WA 98506
Phone (360) 357-9880
Fax (360) 754-7609
PLEASE REGISTER BY FRIDAY, SEPTEMBER 28TH, 2018!
PAYMENT IS DUE AT TIME OF REGISTRATION.

Office
Office Phone #

Name
Name
Name
Name

PAYMENT INFORMATION
Check  $
Credit Card (please fill-out all information below)

Check #

VISA □ Master Card □ Discover □ American Express

Cardholder Name
Billing Address

City State

CARD# 3-Digit Security Code (on back of card)

Total Amount to Charge on Card $
Signature

Early Bird Registration ends September 14th!
All who register by Sept. 15 will be entered into a drawing for a free nights stay at the Great Wolf Lodge!

(1) Doctor (1) Hygienist (1) Staff
*Drawing will be on September 17th - winners will be notified by phone.

Dr. Uche is a professional member of the American College of Sports Medicine, a Certified Personal Trainer with the National Strength & Conditioning Association and the Canadian Association of Fitness Professionals. He is the coauthor of Fit for the LOVE of It and the Miracle of Health & has lectured in Canada, the USA, the Caribbean, the UK and Europe. He’s been the invited guest on over 400 TV and radio shows.

This practicing dentist and his wife, Kary Odiatu, are the parents of four children 11, 9, 5 and 2. Visit him at www.DrUche.com

Kathy has been a dental hygienist, educator, speaker, author, consultant, seminar and study club leader for over 35 years. She speaks frequently about the correct classification, documentation, treatment planning, procedure code selection and long-term case management for patients with periodontal disease. Currently Kathy serves on the Dental Hygienists’ Coding Focus Group reviewing and developing procedure codes relevant to dental hygiene practice to be presented to the Code Maintenance Committee of the ADA.